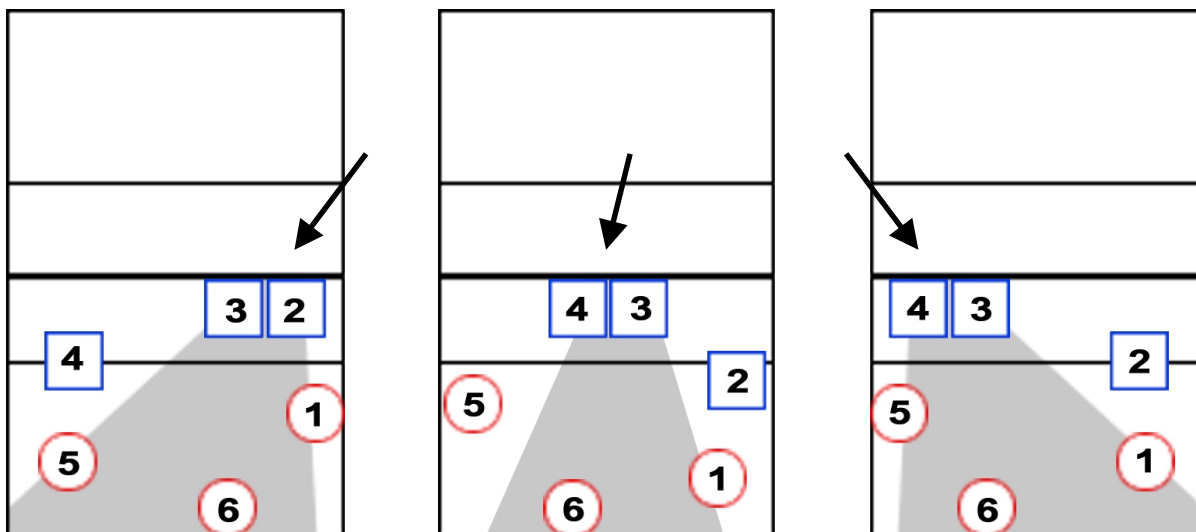


Two Blocker Defensive Systems

The two blocker defensive system assumes there are at least 3 players or more who are capable of blocking and at least 2 of them are in the front row together with the goal of putting up a double block on each attacker. The shadowed area is the part of the court the blockers are essentially taking away from the hitter. It can be assumed then (with a proper block) that most attacked balls will travel outside of the shadow. THAT'S WHERE YOU SHOULD PLAY DEFENSE!



ADVANTAGES OF THE 2 BLOCKER DEFENSE:

- There is a greater chance of stopping the attack at the net.
- Perimeter defenses ensure that the lines & corners are well covered against hard/deep hits. Since the Middle Back player stays deep on the endline corridor, he/she can line up in the seam of the block, reading & facing the hitter's angle. Thus the Middle Back in this defense must be the quickest, most agile, best reading player.
- If using a back row setter offensive system, the setter can be switched to always play the Right Back defensive spot (Base 1), to be closer to the setter's target for transition offense. Most young players do not hit line shots from Left Front well or often, which may save the setter in Right Back (Base 1) from having to play many first balls.

DISADVANTAGES:

- The middle of the court is open for short/soft shots in most Perimeter defenses, and no one is assigned automatic tip responsibilities.